COURSE SYLLABUS

COURSE: ED 5737 W SHIFTING INSTRUCTION WITH THE FIVE CORE PRACTICES
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CREDITS: 3 GRADUATE PROFESSIONAL DEVELOPMENT CREDITS

Course Overview

In this course, you will gain the knowledge and skills to implement the five Core Practices outlined in the Insight Core Framework in your classroom or school. The Core Practices represent an approach to instruction that promotes college and career readiness.

Each Core Practice has with it associated instructional strategies that teachers can use to make sure students master college and career ready standards as well as model the type of instruction students are likely to experience in the first year of college or rigorous career training.

Research has shown these specific practices to be very high impact, aligned to state standards, and linked to positive outcomes, specifically showing how high school students can be best prepared for college and career. The five Core Practices of the Insight Core Framework are:

Core Practice #1: Know the Discipline Well
Core Practice #2: Prioritize Evidence over Opinion
Core Practice #3: Grow and Improve Students’ Knowledge Base
Core Practice #4: Assess Progress Towards Mastery
Core Practice #5: Promote Intellectual Risk Taking and Persistence

Through illustrations, teacher modeling, and interactive exercises, you will identify the areas of your practice that are strong, and those that need to be further developed. By the end of this course, you will have designed lesson plans that incorporate each of the five Core Practices in order to effectively integrate them into your own instruction.

Course Presenters

Dr. Michael Moody

Michael Moody is the founder and CEO of Insight Education Group, Inc. In this role, he oversees all company operations and drives the development and implementation of Insight’s innovative products and services.

Dedicating his career to ensuring every student gets a great education, Dr. Moody has extensive experience throughout the field. His work as a classroom teacher, school and district administrator, and consultant has provided him with the foundation necessary to understand first-hand the needs of students, teachers, and educational leaders.

He has supported the development and implementation of numerous school- and district-wide initiatives aimed at enhancing instructional efficacy and increasing student achievement. While serving as the chief academic advisor for
As you take this course, you will:

• Observe teachers use the Core Practices.
• Examine research and best practices related to the Core Practices.
• Review and apply instructional practices linked to college and career readiness.
• Access an application toolkit that provides resources for implementation.
Course Objectives
In this course, you will learn about:

1) The Five Core Practices and some of their basic characteristics. You will also become familiar with the characteristics of a college- and career-ready student that will support the implementation of these practices.
2) The strategies teachers can use in order to effectively implement Know the Discipline Well into their classroom instruction.
3) The strategies teachers can use in order to effectively implement Prioritize Evidence over Opinion into their classroom instruction.
4) The strategies teachers can use in order to effectively implement Grow and Improve Students’ Knowledge Base into their classroom instruction.
5) The strategies teachers can use in order to effectively implement Assess Progress Towards Mastery into their classroom instruction.
6) The strategies teachers can use in order to effectively implement Promote Intellectual Risk Taking and Persistence into their classroom instruction.
7) How all of the Core Practices work together to create a dynamic classroom.
8) The five Core Practices and the ways they can be integrated and connected in classroom instruction.

Course Outcomes
By the end of each unit, you will become familiar with each Core Practice and their connection to career and college readiness, reflect on the extent you currently use the Core Practices in the classroom and determine initial steps for increasing implementation of them in your classroom.

By the end of this course, you will be able to:
1) Self-assess and reflect on the extent to which you currently use the Core Practices in the classroom and determine steps for increasing your implementation of those practices you are not currently incorporating.
2) Develop a plan to implement instructional strategies related to each Core Practice.
3) Create a unit plan that incorporates the five Core Practices.

Course Resources
Included within each unit are readings, resources, and materials available to download, save, and print. Please make sure you access all materials for each unit by clicking on the “Resources” tab to the right of the screen. At the end of each unit, you will find a KDS Application Toolkit that includes resources that can be used for implementation the next day, e.g., graphic organizers, project ideas, suggested texts, and all onscreen graphics that are available to print or download.

Methods of Instruction and Evaluation
- Pre and Post surveys
- Videos (presentations consisting of interviews and classroom footage)
- Readings
- Reflection questions
- Checks for Understanding (selected-response quizzes to assess understanding)
- Discussion forums (prompts that engage participants in online dialogue with their cohorts)
- Mid-course Project and Final Capstone Project

Academic Honesty
KDS recognizes plagiarism as a serious academic offense. Plagiarism is the passing off of someone else’s work as one’s own, and includes failing to cite sources for others’ ideas, copying material from books or the Internet (including lesson plans and rubrics), and handing in work written by someone other than the participant. Plagiarism will result in a failing grade and may have additional consequences. For more information about plagiarism and guidelines for appropriate citation, consult plagiarism.org.
### Grading Policy (using rubric 1-4 scale system)

<table>
<thead>
<tr>
<th>Percentage of Course Credit</th>
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<tbody>
<tr>
<td>Total grade for the course is a culmination of performance grades.</td>
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<table>
<thead>
<tr>
<th>Grade</th>
<th>Range</th>
<th>Percentage of Course Credit</th>
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<tbody>
<tr>
<td>A</td>
<td>3.4 – 4.0</td>
<td>Reflections 15%</td>
</tr>
<tr>
<td>B</td>
<td>2.7 – 3.3</td>
<td>Checks for Understanding 25%</td>
</tr>
<tr>
<td>C</td>
<td>2.0 – 2.6</td>
<td>Mid-course Project 25%</td>
</tr>
<tr>
<td>F</td>
<td>&lt;2.0</td>
<td>Final Capstone Project 35%</td>
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In order to complete the requirements of the course, you must complete all course work (e.g., reflections, checks for understanding), including watching all videos and participating in all discussion forums. We do not award partial credit.

### Checks for Understanding and Reflection Rubric

<table>
<thead>
<tr>
<th>Assessment</th>
<th>Underdeveloped (1)</th>
<th>Basic (2)</th>
<th>Proficient (3)</th>
<th>Distinguished (4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Checks for Understanding</td>
<td>65% or below</td>
<td>66-79%</td>
<td>80-89%</td>
<td>90-100%</td>
</tr>
<tr>
<td>Reflection Question</td>
<td>Participant has included little to no content indicating consideration and comprehension of course content.</td>
<td>Participant has included little that indicates consideration and comprehension of course content.</td>
<td>Participant has included appropriate content from the course content and made connections to practice.</td>
<td>Participant has provided rich detail and supporting examples from the course content and made specific connections to his or her practice. OR Participant has made thoughtful comments in direct response to the prompts. and created next steps to support his or her learning.</td>
</tr>
</tbody>
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## Course Calendar

### Unit 1: Introduction to the Five Core Practices

**Objectives:** In this unit, you will identify the Five Core Practices and some of their basic characteristics. You will also become familiar with the characteristics of a college and career ready student that will support the implementation of these practices.

**Outcomes:** By the end of this unit, you will be able to discuss a few of your strengths and weaknesses around the five Core Practices.

**Resource:** KDS Application Toolkit related to the unit topic that provides project ideas, reading suggestions, and templates to support classroom planning and instruction.

**Readings:**
- [http://www.careerreadynow.org/docs/CRPC_4pager.pdf](http://www.careerreadynow.org/docs/CRPC_4pager.pdf)

**Assessments:** Reflection questions, Checks for Understanding

### Unit 2: Core Practice #1 - Know the Discipline Well

**Objectives:** In this unit, you will identify the strategies teachers can use in order to effectively implement *Know the Discipline Well* into their classroom instruction.

**Outcomes:** By the end of this unit, you will be able to develop a plan to implement *Know the Discipline Well* into your classroom instruction.

**Resource:** KDS Application Toolkit related to the unit topic that provides project ideas, reading suggestions, and templates to support classroom planning and instruction.

**Readings:**
- Baumann, J. F., & Graves, M. F. (2010). What is academic vocabulary? *Journal of Adolescent & Adult Literacy*, (54)1, 4-12. doi: 10.1598/JAAL.54.1.1

**Assessments:** Reflection questions, Checks for Understanding

### Unit 3: Core Practice #2 - Prioritize Evidence over Opinion

**Objectives:** In this unit, you will identify the strategies teachers can use in order to effectively implement *Prioritize Evidence over Opinion* into their classroom instruction.

**Outcomes:** By the end of this unit, you will be able to develop a plan to implement *Prioritize Evidence over Opinion* into your classroom instruction.

**Resource:** KDS Application Toolkit related to the unit topic that provides project ideas.
**Readings:**

**Assessments:** Reflection questions, Checks for Understanding

### Unit 4: Core Practice #3 - Grow and Improve Students’ Knowledge Base

**Objectives:** In this unit, you will identify the strategies teachers can use in order to effectively implement *Grow and Improve Students’ Knowledge Base* into their classroom instruction.

**Outcomes:** By the end of this unit, you will be able to develop a plan to implement *Grow and Improve Students’ Knowledge Base* into your classroom instruction.

**Resource:** KDS Application Toolkit related to the unit topic that provides project ideas.

**Readings:**

**Assessments:** Mid-Course Project

### Unit 5: Core Practice #4- Assess Progress towards Mastery

**Objectives:** In this unit, you will identify the strategies teachers can use in order to effectively implement *Assess Progress Towards Mastery* into their classroom instruction.

**Outcomes:** By the end of this unit, you will be able to develop a plan to implement *Assess Progress Towards Mastery* into your classroom instruction.

**Resource:** KDS Application Toolkit related to the unit topic that provides project ideas.

**Readings:**

**Assessments:** Reflection questions, Checks for Understanding

### Unit 6: Core Practice #5 - Promote Intellectual Risk Taking and Persistence

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Objectives: In this unit, you will identify the strategies teachers can use in order to effectively implement Promote Intellectual Risk Taking and Persistence into their classroom instruction.

Outcomes: By the end of this unit, you will be able to develop a plan to implement Promote Intellectual Risk Taking and Persistence into your classroom instruction.

Resource: KDS Application Toolkit related to the unit topic that provides project ideas.

Readings:

Assessments: Reflection questions, Checks for Understanding

Unit 7: Core Practices in Action

Objectives: In this unit, you will observe how all of the Core Practices work together to create a dynamic classroom.

Outcomes: By the end of this unit, you will be able to develop a plan to fully incorporate the Core Practices into your classroom instruction.

Assessments: Reflection questions, Checks for Understanding

Unit 8: Course Closing

Objectives: In this unit, you will reflect on the five Core Practices and identify the ways they can be integrated and connected in classroom instruction.

Outcomes: By the end of this unit, you will be able to create a unit plan that incorporates the five Core Practices.

Assessments: Final Capstone Project